

Parent Ambassador Leaders (PALs) Frequently Asked Questions: Know Before You Apply

Eligibility & Application		
Question	Answer	
Who is eligible to apply to the PALs	Any parent or guardian of a TK-12 student enrolled in a	
Program?	school in Los Angeles County can apply. For more details,	
	see the PALs Program Overview (click here).	
Is the PALs program open to	Yes, grandparents or other family members can apply if	
grandparents or other family	they are the legal guardian of a TK-12 student.	
members?		
Can a parent with disability apply?	Yes. Parents and guardians with disabilities are welcome to	
	apply. The PALs Program Team will work with you to	
	provide reasonable accommodations.	
Does the PALs program require legal	No. The PALs program does not collect social security	
status or social security	numbers or proof of legal status. All parents and guardians	
documentation?	are welcome to apply.	
Do I need public health experience to	No. You do not need any public health knowledge or	
participate?	experience to apply. We welcome all interested parents	
	and guardians.	

Application Process		
Question	Answer	
If I apply, am I automatically selected?	After you apply, the PALs Program Team will contact your school administrator to confirm their support.	
	However, applying does not guarantee a spot. Each school can have up to 5 PALs, and we also consider equity to include parents from different areas of LA County.	
Who is a school administrator?	School administrators include principals, assistant principals or other school personnel designated to approve parent participation.	
What does my school administrator need to submit to approve my participation?	After you apply, the PALs Program team will email a verification form to your school administrator. The school administrator must complete the form to approve your participation.	
Can more than one parent per household apply?	Yes. Each parent must complete their own application and be approved by the school administrator.	
Is there a limit per school of how many parents can apply/participate in the PALs program?	Yes. Up to 5 parents can participate in the program at each school site. We encourage PALs at the same school to work together.	





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Application Process (Cont.)	
Question	Answer
How long will it take to hear back after I apply?	The PALs team reviews applications and contacts school administrators each week.
	How long it takes to hear back depends on how quickly your school administrator fills out the form. If you don't hear back within 10 business days, we suggest checking in with your school administrator.
	If your participation is approved and you're selected, the PALs team will send you an acceptance letter by email.

Program Format & Requirements	
Question	Answer
Is the program in person or virtual?	All PALs trainings are held virtually. Some parts of the program require you to be at your child's school in person. For more details, see the PALs Program Overview (click here).
What are the program requirements?	PALs must complete about 20 hours of activities during the program. The program includes two parts: • LEARN (trainings) and • SHARE (activities at your child's school) A full list of requirements is in the PALs Program Overview (click here).

Stipend and Payment	
Question	Answer
How do PALs get paid?	After completing the program and submitting all required documents verifying program requirements were met, PALs receive a \$500 e-credit. This can be used to choose gift cards from many popular stores. Please note: Visa gift cards are not available.

